



## Chairs Ramble

It seems a long time since I wrote a chairs ramble, was it really only the end of November! A lot has happened since then! Our December Christmas meeting was incredibly well attended and seemed to be enjoyed by everyone. Thank you for supporting your committee in their shenanigans!

We were then hit by Storm Darragh and many of us were without electricity or mobile signal for days. That was not a good run up to Christmas. We can still see the evidence of the storm all around us. I hope we don't get too many like that.

Then we had Christmas itself and New year celebrations and before we knew it, we were at our January meeting where Paul Edwards entertained us with many health and safety gaffes in theatres around the country. Who knew health and safety could be so interesting and amusing but with a serious note to take care when we do jobs around the home.

Our next main meeting is on Wednesday 5th February at the Rugby Club starting at 10.30. Our speaker is another of our own members, Carol Wardman, who runs the Hitchhikers guide to Theology group. Her talk is entitled "The Time of our Lives". Please come and support her.

2025 is Newcastle Emlyn u3as 30th birthday year. We will be marking this on Wednesday 11th June with a meal at the Cliff Hotel. We struggle these days to find venues large enough to take the numbers we are likely to get at these events. But the facilities and access there are good. More details will be available as to cost and menu after our next committee meeting on Monday 10th February. We are looking to have some in house entertainment so if you are able to sing, dance, play an instrument, recite or do magic tricks, or anything else, and are willing to help, please get in touch with a member of the committee.

If there is anything any member wants the committee to consider, please let us know by the 5th February.

We are very pleased to welcome the new MOTO group this month. That stands for Members on Their Own! You will have had an email about it if you are on email but if you want to know more, please speak to Felicity or Cyndy at the next meeting.

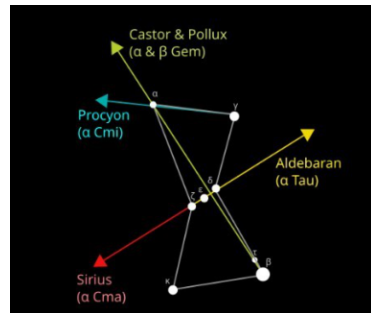
<b>Art</b> Every Thursday from 10.00am at Penboyr Village Hall	<b>Amanda</b> 01559 372273 <a href="mailto:amanda.treesong@gmail.com">amanda.treesong@gmail.com</a>
<b>Astronomy</b> 3rd Wednesday from 2.00pm at Coracle Hall, Llechryd. Joint with Cardigan u3a.	<b>Malcolm</b> 01239 711787
<b>Badminton/Pickleball</b> Pickleball every Wednesday from 12.15pm at Llandysul Leisure Centre, Badminton 2nd and 4th Wednesday	<b>Nigel</b> 07447 440841 <a href="mailto:cambs5@sky.com">cambs5@sky.com</a>
<b>Book Club</b> 4th Tuesday from 10.30am (currently Zoom meetings).	<b>Vicky</b> 01559 372278 <a href="mailto:vkthomas2008@gmail.com">vkthomas2008@gmail.com</a>
<b>Bowls</b> 3rd Monday from 2.00pm at NCE Bowl Club, Winter recess	<b>Julia</b> <a href="mailto:julia.pearson2013@icloud.com">julia.pearson2013@icloud.com</a>
<b>Crafty Crafters</b> 2nd Wednesday from 10.30am at Penboyr Village Hall.	<b>Ruth</b> 01239 711787
<b>Creative Writing</b> 2nd Thursday from 11.00am at Ali's - venue varies.	<b>Ali</b> 07716 826362, 01239 682965 <a href="mailto:alisonkate606@gmail.com">alisonkate606@gmail.com</a>
<b>Croquet</b> Fridays 2.30 om at Sue's garden Penrhiwllan, winter recess	<b>Sue</b> 01559 370684
<b>Digital Photography</b> Fourth Wednesday from 2.30pm at Coracle Hall, Llechryd - Joint with Cardigan U3A.	<b>Colin 07866502400</b> <a href="mailto:colinluker@yahoo.co.uk">colinluker@yahoo.co.uk</a>
<b>Don't get me started</b> 2nd Monday from 2.00pm at Susan's in Pontgarreg	<b>Sue</b> 07969 590878 <a href="mailto:susanedmunds@hotmail.com">susanedmunds@hotmail.com</a>
<b>Family History</b> 4th Tuesday from 2.30pm at The Church of Latter Day Saints, Newcastle Emlyn.	<b>Margaret</b> 07866 420122 <a href="mailto:jtandmargaret@gmail.com">jtandmargaret@gmail.com</a>
<b>French</b> 4th Tuesday - at 11.00am at Sue's in Penrhiwllan	<b>Ali</b> 07716 826362, 01239 682965 <a href="mailto:alisonkate606@gmail.com">alisonkate606@gmail.com</a>
<b>Games</b> 3rd Tuesday from 10.30am at Penboyr Village Hall.	<b>Paul</b> <a href="mailto:steam24x7@btinternet.com">steam24x7@btinternet.com</a> <b>Linda</b> <a href="mailto:lindakenworthy66@gmail.com">lindakenworthy66@gmail.com</a>
<b>Garden</b> 2nd Thursday at 2pm venue varies	<b>Tony</b> 01239 712931 <a href="mailto:pooletony@hotmail.com">pooletony@hotmail.com</a> <b>Mike</b> 07949 032308
<b>ICT Support Sessions</b> as required	<b>Hazel</b> 01559 371842
<b>Kayak Paddlers</b> Various dates and venues, winter recess	<b>Nigel</b> 07447440841 <a href="mailto:cambs5@sky.com">cambs5@sky.com</a>

<b>Lunch</b> Last Wednesday - venue varies.	Tracey <a href="mailto:tracyU3Alunch@gmail.com">tracyU3Alunch@gmail.com</a>
<b>Patchwork and Quilting</b> 2nd Friday from 11.00am at Penboyr Village Hall.	<b>Ruth</b> 01239711787
<b>Petanque</b> 1st Monday 2pm + 3rd Tuesday 10-15am King V playing field Newcastle Emlyn, winter recess	<b>Trevor</b> 01559370395 <a href="mailto:trevorgunn@aol.com">trevorgunn@aol.com</a>
<b>Philosophy</b> 3rd Thursday from 11.00am at Penrhiwllan Village Hall.	<b>Ali</b> 07716826362, 01239682985 <a href="mailto:alisonkate606@gmail.com">alisonkate606@gmail.com</a>
<b>Science and Technology</b> 4th Monday from 2-00pm at Ffat Forks, Cenarth Falls Resort	<b>Colin</b> 07866502400
<b>Singing</b> 2nd and 4th Tuesday from 2 - 4pm at Catholic Church Hall, Newcastle Emlyn	<b>Gareth</b> 01239682635 <a href="mailto:g.furley277@btinternet.com">g.furley277@btinternet.com</a>
<b>Sketchers</b> 2nd Tuesday from 10-30am at National Wool Museum	<b>Millie</b> <a href="mailto:millie.thomas946@gmail.com">millie.thomas946@gmail.com</a>
<b>Strictly Basic Ballroom</b> 2nd Wednesday from 10.30am to 12.00noon.	<b>Julia</b> <a href="mailto:julia.pearson2013@icloud.com">julia.pearson2013@icloud.com</a>
<b>Strollers</b> Last Friday of the month from 10.30am, venue varies	<b>Pam</b> <a href="mailto:pamjwalks@aol.com">pamjwalks@aol.com</a>
<b>Table Tennis</b> 2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhyd Lewis Village Hall	<b>Margaret</b> 07866420122 <a href="mailto:jtandmargaret@gmail.com">jtandmargaret@gmail.com</a>
<b>Theology</b> 1st Monday from 2pm at Ffostrasol Village Hall	<b>Carol</b> <a href="mailto:carolwardman@outlook.com">carolwardman@outlook.com</a>
<b>Walkers</b> 2nd Monday from 10.30am, venue vary	<b>Nigel</b> 07447440841 <a href="mailto:camb5@sky.com">camb5@sky.com</a>
<b>Welsh</b> 1st Tuesday from 10.30am at Capel Iwan Village Hall	<b>Vicky</b> 01559372278
<b>Wine Appreciation</b> 3rd Thursday from 7.00pm - venue varies	<b>Hazel</b> 01559371842
<b>Write Now</b> 2nd Monday from 11-1.00pm Church of Latter day Saints, Newcastle Emlyn	<b>Carole</b> <a href="mailto:caroleswift806@gmail.com">caroleswift806@gmail.com</a>

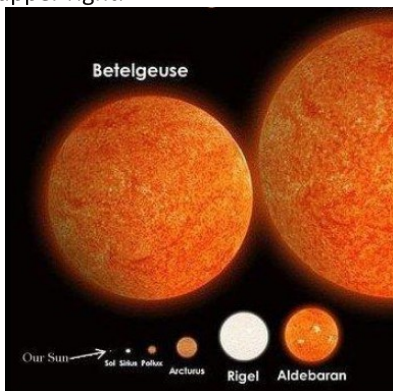
**ASTRONOMY**

The group met on Jan 15th, the usual 3rd Wed afternoon of the month, and as usual, we reviewed what was easy to see in the sky in January. Jon took us through the planets and, as many will have heard in the news, all planets but Mercury are visible across the sky at the same time now. You will need a telescope for Uranus and Neptune, of course, but Venus is very bright in the SW from just before dusk and as darkness increases Jupiter shines brightly high in the S and then reddish Mars shines high in the SE. Dimmer Saturn (which is still of similar brightness to our 3rd or 4th brightest stars) is just to the W of Venus and nearer the horizon (which it reaches at about 7pm).

In his “Constellation of the Month” presentation Jon picked Orion (the Hunter) for this month – which, like the planets, is very visible in the sky at the moment.

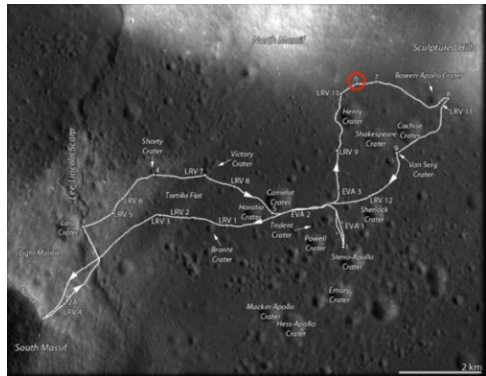


The 3-star Belt is very obvious, of course, but with binoculars Orion’s Sword and M42, the Orion Nebula, can also be seen – and, if you haven’t already found them, Orion can be used to point to other nearby bright stars. Its own brightest stars, bluish Rigel and red Betelgeuse are the 5th and 7th brightest stars in the sky that we can see at these latitudes. The diagram shows these are giant stars compared to our Sun and Sirius (on the very left of the diagram) though pretty small compared to ginormous Antares, the biggest star we know about, on the upper right.



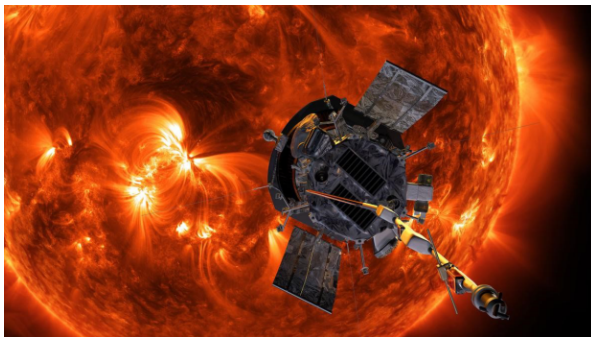
So on a clear evening now, the southern half of the sky is full of bright objects. There's Venus, the brightest, and Saturn over in the SW to W, with Jupiter, the 2nd brightest, and Aldebaran sitting above and a little to the right of Orion in the S, and red Mars (4th brightest) next to Castor and Pollux sitting above and to the right of Orion in the SE. Sirius, the 3rd brightest object in the sky (excluding the Moon), is down low just to the left of Orion.

Jon also told us all about what can be seen on the Sea of Serenity on the Moon, a 3.9 billion-year old lava plain about 400 miles in diameter on which Apollo 17 landed, and which was explored by astronauts Cernon and Schmidt on 3 excursions on a lunar rover that travelled more than 22 miles (as shown below).



And Adrian finished up with an update on the Parker Solar Probe which left in 2018 but has only just now reached its nearest flyby of the Sun on its 22nd orbit – and was in the news recently as the record holder of the fastest thing ever made. It moved at 430,000 mph as it pulled round the Sun on Christmas Eve just 3.8 million miles above the Solar “surface”.

Of course, this mission isn't about speed; it's to get nearer to the Sun and into its corona so that we can measure its composition, its magnetic fields and its electrical fields to answer questions such as what is the Sun's structure? - and why does the corona a few million miles out have a temperature of around 1,000,000 degrees, whereas the Sun's surface itself is less than 6000 deg C?



The probe is robotic and rotates itself when close to the Sun so that the high-tech carbon-fibre heat shield can keep the instrumentation below 29 deg C - when the heat-shield itself is experiencing 1400C! Onboard temperature sensors have to control the orientation, as temperatures sent back to Earth and instructions returned would take far too long (16 minutes) to prevent the satellite being fried!

Parker's orbit takes it back out to around Venus' orbit, and during this period all the data are transmitted back to Earth, along with continuous mapping of the magnetic and electrical fields throughout the Inner Solar system. It will be orbit back through the Sun's corona four more times in 2025.

Our next meeting will be on Wed, 19 February at 2pm in Llechryd's Coracle Hall. Please come and join us if you are interested, or ring 0777-167 4578 if you want more information.

*Galileo*

## **BALLROOM GROUP**

An open invitation to come and join the Strictly Basic Ballroom session on Wednesday 12th February at the Holy Trinity Church Community Hall, Church Lane, Newcastle Emlyn starting at 10.30am.



The session is all about having fun whilst learning the basic moves of ballroom dancing in a friendly and supportive environment. Why not come and have a go. Single or with a partner everyone is welcome.

*Julia and Jenny*

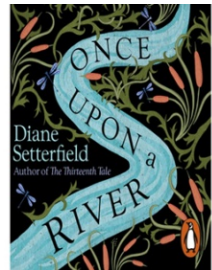
## BADMINTON/PICKLEBALL

Pleased to report that the numbers at pickleball are now very healthy if you would like to come along any wednesday between 12-15 and 2pm to Llandysul leisure centre even if you have never played the game would be more than welcome. Badminton is also available on the second and fourth wednesday of each month same time same place

Those intrested in giving Pickleball or Badminton a go please get in touch (camb5@sky.com 07447440841)

## BOOK CLUB

In January we read *Once Upon A River*. This is the third book by Diane Setterfield. She is a British author who studied French Literature at university and went on to teach English in France, and later French in the UK. She became a full-time writer in the 1990s. Her first book, *The Thirteenth Tale*, was published in 38 countries and has sold more than 3 million copies.



The story is set around a stretch of the river Thames in rural Oxfordshire and tells of three groups of people, living close to the river, who have each lost a young girl. When they hear of the miraculous recovery of a little girl, who was thought to be drowned, they all hope that the child is theirs. But the return of a lost child is not without complications and this girl cannot be everyone's. Each family has mysteries of its own, and many secrets must be revealed before the girl's identity can be known. The river plays a central role in the story throughout. Although in part folk-lorish and fantastical, several characters in the book also attempt to provide a logical answer to the mystery of the once-drowned child.

Most of us really enjoyed the book. Although the story is a bit slow to get going, we thought that the descriptive prose gave an evocative atmosphere of life in 19th century Oxfordshire and of the importance of the river in all aspects of life.

Our next meeting will be on Tuesday 25th February, on zoom and we will be discussing *Scoop* by Evelyn Waugh.

*Vicky*

**CRAFTY CRAFTERS**

Crafty Crafters in January was held a week later than usual due to New Year’s Day being the first Wednesday of the month resulting in some of our u3a’s meetings having to shift. We had nothing specific planned so members brought personal projects they were working on – knitting, embroidery, crochet and tatting on this occasion. As well as working on these, we discussed plans for the next few months.

In February, we will be revisiting quilling. Some of us have done it before and will bring along and share the tools and consumables we have. In February, Holly and I will show members how to do tatting. Tatting is a form of lace making and is Holly’s favoured



Craft Crafters January 2025

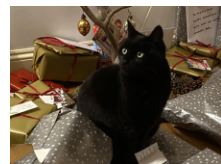
craft and you can see some of her work in the attached picture. In April, we will have a go at iris folding, so called because the resulting picture resembles the iris of a camera. It is often used to create cards and can be as simple or complicated as you wish to make it. More details about requirements will be sent to members before each meeting.

Our next meeting is 12th February.

*Ruth*

**DIGITAL PHOTOGRAPHY**

January's homework was about portrait photographs. As volunteers to be models were rather thin on the ground most photos turned out to be of various pets.



The February homework is low light photography and the next meeting is on the 26th.

*Colin*

## FAMILY HISTORY

As the 4th Tuesday of December was Christmas Eve, we just had an informal get together just after Christmas to do some research of our own and discuss general Family History matters.

At our January meeting, the subject for discussion was the FamilySearch.org website and how to use it. This is completely free to use, though you do have to register with a username and password. Some of us have been finding it more difficult lately to find the particular records we are looking for even though there is a vast amount available. We had a semi-practical session with everyone familiarising themselves with how to use the site on our own laptops.

Our next meeting will be a 'Back to Basics' session with the more experienced group members giving advice to beginners. Where did we start, where did we go wrong at the beginning, what got us hooked etc

New members will be welcome - contact me for details.

*Margaret*

## GAMES

For our December meeting we had some extra festive nibbles with our tea/coffee funded by a small surplus from our monthly subs. January was our more normal tea/coffee and biscuits.

We've added a couple of new members recently, others welcome, pretty much all the games we play can be picked up easily but give quite a bit of mental stretch (or is that frustration?)

*Paul and Linda*

## PATCHWORK AND QUILTING

Our patchwork group in January was just a select few. The weather was cold and frosty and not very pleasant to drive in. The ones who did brave it, though, had a very successful session. Continuing with their own personal projects. Take look at the picture which shows just a select few of those projects which were completed. The three bags were made by members who hadn't used a sewing machine before, let alone done any patchwork. Have you ever thought you would like to do patchwork. It doesn't have to be anything complicated. Just sewing squares together is patchwork and quilting doesn't have to be lots of swirly lines. Just doing straight lines using the seam lines as a guide is still quilting. And it doesn't have to be done using a sewing machine. Two of our members prefer to do it by hand stitching. (Yes, I know I used bad grammar there but it seemed to fit).



Why not come along and give it a go. Word of caution, though, it can become addictive. Our next meeting is 14th February, 11.00am till 3.00pm.

*Ruth*

## PHILOSOPHY

This month Gwyn started off by thanking Angela for inspiring his choice of Philosopher for this meeting. This month he brought to our attention, Mary Wollstonecraft, b.1759. She was the forerunner to, what could be called, feminist views, but in truth she just wanted women to be as valued as men and to have the same rights as men, an education, onership of themselves and their inheritance, etc.

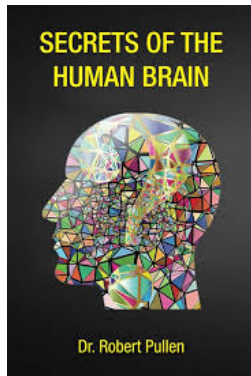
In her short life, (she died aged 38 years), she achieved such alot, among other things wrote two books, one of which, "A Vindication of the Rights Of Women " was the first to really advocate equality for women. She also had a daughter, Mary Shelley, and it was 6 weeks after giving birth to Mary she sadly died.

Our next month's session will be led by Colin on the subject of "Science in Philosophy ".

*Gwyn*

## SCIENCE GROUP

A well attended meeting to discuss 'Secrets of the Human Brain' took place this month. For more information see the book of the same name by Dr. Bob Pullen.



It was based on the u3a on-line learning and it is recommended that you look the offerings on a whole range of subjects.

Link is [u3a - Online Learning Events](#)

The February meeting is on the 24th and is a discussion about the issues raised in the book 'Power Metal' by Vince Beiser.



*Colin*

## SINGING GROUP

Well, as you can see, we ended 2024 on a good note. This is us on our first 'sing out', entertaining the elderly residents {and most of the staff} at Llwyndyrus Care Home, just before Christmas.



Almost all of those present had never done anything like that before, but all thoroughly enjoyed the experience; as did the residents and staff who turned out in good numbers.

Afterwards a number of the members visited and sang to some of the residents who were not well enough to leave their beds...what a great thing to do before Christmas.

Well we started the New Year on a good note as well by welcoming some new members and we are still keen to welcome more; although there was some bad news... our much loved accompanist could not be at the first meeting because she injured her right hand through giving CPR to an elderly neighbour, who, unfortunately did not survive. We wish Wendy a speedy recovery and trust that she will be back with us soon.

As previously stated most of those in the photo have never done anything like this before, but all have come to know the joy of singing well together. You too could experience this if you come and join us.

You can contact me at any time by e-mail....[g.furley277@btinternet.com](mailto:g.furley277@btinternet.com). it would be good to hear from you.

*Gareth*

## STROLLERS

Our first walk of 2025 was around the Welsh Wildlife Centre, Cilgerran, Cardigan. Pat and Richard Webb led this walk for us, Thank you both. Twelve of us along with Maisie and Rosie met at the centre car park and set off for our woodland walk. The weather was very good, dry and sunny at times. The paths took us through woodland and along the river, there were some very muddy parts due to all the previous rain and a couple of trees down across the paths which we had to climb over!

Also a few challenging sections up and down slopes which were potentially slippery due to the soft mud under foot, but help was on hand where needed. The walk was approx. three and a half miles and took use about two hours due to some of the terrain. Nine of us then went to the Glasshouse café at the centre and enjoyed a nice lunch, drinks and chat. Our February walk will be on Friday 28th February at Llys-y-Fran Country Park and Reservoir. Anyone interested in joining the Strollers Group or finding out more about the group, a warm welcome awaits you so please contact me on [pamjwalks@aol.com](mailto:pamjwalks@aol.com)



*Pamm*

## TABLE TENNIS

Our pre-Christmas fun tournament had to be re-arranged because of the power cuts after Storm Darragh but most regular players were able to make it and we all entered into the Christmas spirit.



After only having one session in December, we are now back to our normal routine of twice a month. We are always happy for more people to join us so why not come along. It's fun and good exercise but you don't have to be super-fit.

*Margaret*

**THEOLOGY**

"Go into all the world ..."

From Revivalist meetings of the 19th and early 20th centuries, Billy Graham crusades of the 1960s (and amongst the Sixties Kids there was a veteran amongst the Hitch-Hikers), to tele-evangelists and mega-churches – not to mention the Muslim Hajj – the first impression of evangelism was of a mass movement, or gathering of the faithful. There was, we agreed, great strength and solidarity in coming together in a huge and impressive demonstration of a shared faith. But is this what 'evangelism' is all about?

Wherever human beings have travelled, since the time of Christ, they have carried the Good News (literally, 'evangelism') about the life, death and resurrection of Jesus, and encouraged others to take the leap of faith. But why?

'Evangelism is just one beggar telling another where to find bread' is the oft-quoted explanation. As well as carrying out the Great Commission of Jesus, 'Go into all the world and make disciples of all nations' [Matthew 28:19], ordinary believers, as well as missionaries and evangelists, have found their faith so important and life-changing that they want to share it with others. Perhaps unbelievers are more convinced by martyrdom-ready religious fervour than by wishy-washy liberals seeking to embrace multiple viewpoints; but an all-consuming conviction can equate disagreement with unsoundness of mind, and regard death as less important than salvation. We called to mind the Spanish Inquisition, and (proving that such passion is not confined to the religious) the Soviet Gulags or mental asylums for dissenters.

And is a tub-thumping demand to accept the precepts of faith the only way to convince people? St Francis of Assisi bade his travelling friars: 'Preach the gospel; and if necessary, use words.' Salvation Army founder William Booth declared 'You cannot preach to men on empty bellies' – and went much further in roundly condemning those who enjoyed church services whilst doing nothing to alleviate poverty, hunger and real-life miseries.

'Always be prepared to make a defence to anyone who asks for a reason for the hope that is in you,' wrote the apostle Peter, in a letter later published in the New Testament; 'but do it with gentleness and respect.' [1 Peter 3:15] That sounds like Good News – and speaks as much to our complex, multi-national, pluralistic world, as it did to the outer reaches of the Roman Empire 2000+ years ago.

*Carol*

## WELSH GROUP

There was no meeting in January.

Our next meeting will be at Capel Iwan village hall on Tuesday 4th February starting at 10.30, when we will be looking forward to the spring.

*Vicky*

## WINE APPRECIATION

In January we shook off the mid winter blues and dreamed of sunny Italy! We are studying the wine regions of Italy starting with Southern Italy. We managed to all find different wines from the southern regions of Italy which included Sicily, Calabria, Puglia and Campania. Italy has hundreds of native grape varieties with wines that can be named after the grape or the region or town they come from, all very confusing!



We had one white called Passerino and 5 reds. These included 2 from Sicily, 2 Primitivo grape and one Appassimento grape. They varied in price from £4.75 for a blended wine to £16 for one of the Primitivo wines from Puglia.

We like to think we are getting more discerning and better able to pick a good wine but maybe it is just good luck! But, we scored the most expensive wine the most points! It doesn't always follow that you get what you pay for but in this case it did! The white also scored well and was very palatable.

The February meeting will be on Thursday 20th February and will be at Angela and Trevors house in Capel Iwan. We will be tasting wines from the central part of Italy including Abruzzo, Umbria, and Tuscany. The meeting will be at 2pm.

*Hazel*

**WRITE NOW**

We welcomed three new members this month - Raymond, Nina and Jill- a trio of interesting and varied writers.

Our Christmas homework was to write a story which commenced with an allusion to weather. Dave wrote about playing a variety of sports in differing conditions. The group particularly enjoyed his image of the white-clad bowls players 'resembling white candles....across a green tablecloth'. Davido's South African rain fell 'like bullets' on the tin roof 'cracking at the windows'. It came as a deluge turning to hail- then was as quickly gone. June's memory of storm 'Darrah' drew plenty of empathy. She suffered nine days without power trapped by fallen trees.

Julia wrote a poem in rhyming couplets about a dog-napping. Told from the viewpoint of the captured puppy, events took place during 'hurling' wind and rain. Eric's 'Drago's Quest' moved from rain to sunshine via a cave. It was action-packed with a cast of orcs and hagravens, blind Falmer warriors, cave trolls and Dwarfen -metal weaponry. Jacqui's subtle story showed winter weather causing a widower to sink into 'despair'.

A repetition of 'ice' emphasized his mood. The sea-motif was chosen to hold both negative and positive memories. Sitting in his wife's chair concluded a narrative with a sense of peace and comfort. Julie read the start of a story set in smog. A young child walks home from school alone. The blurring of clarity and solidity caused by the weather is used to reflect changes in the child's homelife. Jill read a moving story of a death during a time of snow. – the ending hushed and accepting. Raymond shared part of his radio play set in rehab which brought an interesting new dimension to the group. Some of the group also read their Christmas-themed acrostic poems.

Our poem this month was 'September Rain' by Helen Dunmore. The naming of characters was discussed along with a brief writing exercise.

Our HOMEWORK is to write a story featuring a central character with an unusual name.

Our next meeting is at 11am-1pm on Monday, 10th February at the Church of the Latter Day Saints, Newcastle Emlyn.

*Julie*

Day	Date	Venue	Time
Monday	3	Theology - Llechryd Village Hall	14-00
Tuesday	4	Welsh- Capel Iwan Village Hall	Oct-30
Wednesday	5	Main Meeting NCE Rugby Club	10-30
Wednesday	5	Pickleball - Llandysul Leisure Centre	12-15
Thursday	6	Art - Penboyr Village Hall	10-00
Monday	10	Walkers - venue tba	10-30
Monday	10	Write now - Church of the Latter Day Saints NCE	11-00
Monday	10	Don't get me started - at Sue's In Pontgarreg	14-00
Tuesday	11	Sketchers - National Wool Museum Drefach Velindre	10-00
Tuesday	11	Table Tennis – Rhydlewis Village Hall	14-00
Tuesday	11	Singing - Our Lady of the Taper, NCE	14-00
Wednesday	12	Strictly Basic Ballroom – NCE Holy Trinity Church Hall	10-30
Wednesday	12	Crafty Crafters – Penboyr Village Hall	10-30
Wednesday	12	Badminton/Pickleball - Llandysul Leisure Centre	12-15
Thursday	13	Art - Penboyr Village Hall	10-00
Thursday	13	Creative Writing - at Rhydlewis Village Hall	11-00
Friday	14	Patchwork and Quilting - Penboyr Village Hall	11-00
Tuesday	18	Games – Penboyr Village Hall	10-30
Wednesday	19	Astronomy – Coracle Hall Llechryd	14-00
Wednesday	19	Pickleball - Llandysul Leisure Centre	12-15
Thursday	20	Art - Penboyr Village Hall	10-00
Thursday	20	Philosophy – Penrhiwllan Village Hall	11-00
Thursday	20	Wine Appreciation - Angela + Trevor Capel Iwan	14-00
Monday	24	Science and Technology - Ffat Forks, Cenarth Falls Resort	14-00
Tuesday	25	Book Club – Zoom meeting	10-30
Tuesday	25	French – at Sue's in Penrhiwllan	11-00
Tuesday	25	Singing - Our Lady of the Taper, NCE	14-00
Tuesday	25	Family History – Church of Latter Day Saints NCE	14-30
Wednesday	26	Digital Photography - Coracle Hall Llechryd	14-30
Wednesday	26	Lunch Club - Various venues	12-00
Wednesday	26	Badminton/Pickelball - Llandysul Leisure Centre	12-15
Thursday	27	Art - Penboyr Village Hall	10-00
Thursday	27	Table Tennis – Rhydlewis Village Hall	10-30
Friday	28	Strollers - Llys y Fran	10-30

To add events to this monthly calendar please contact Nigel neu3anewsletter@hotmail.com giving date, venue and time, plus any further information to assist those wishing to attend. Closing date for newsletter contributions will be on the 24th of the month, at the latest.