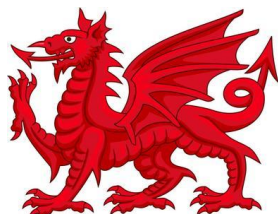


u3a learn,
laugh,
live





NEWCASTLE EMLYN u3a NEWSLETTER

July 2026

The Local History Group had its third working meeting on July 21st.

The first project undertaken was to study the lesser known castles on the Teifi River of which three have been found between Lampeter and Cardigan.

As a result of a U3A project being carried on a national basis which is to study and report on the history of listed buildings in a local town the group decided to look at those in Newcastle Emlyn. We have started work on the Old Grammar School and the Bunch of Grapes, the latter is reputed to be one of the oldest buildings in the town.

An interesting diversion in the last meeting was a request, again from the U3A, for any information on haunted houses in this part of Wales. Whilst a number have been reported in Carmarthenshire alone, the most haunted is purported to be Aberglasney House at Llangathen which has around a hundred reported ghosts.

The group will not be meeting in August.

Peter Berry Ottaway berryottaway@gmail.com

Wine Appreciation

July found the wine appreciation group welcoming a new member and all sitting outside sipping Spanish Cava in the sunshine. Pretty idyllic!

We actually sampled 8 bottles of Cava (so only very small amounts!) 2 rosé and 6 white.

Cava is the popular sparkling wine of Spain, and one of Spain's most famous wines. The name cava comes from the Spanish word for "cave," referring to the cellars where the wines age. Spanish sparkling wine was called champán or champaña until the 1970s when Spanish winemakers renamed their wine cava. To be called Cava, the wine must come from the Cava Denominación de Origen (DO) area and must be carbonated with a secondary fermentation in bottle, among other appellation rules. The wine is made in the same way as champagne using the traditional method.

Cava is most often made from a blend of grapes, each of which brings its own character to the wine. The traditional white grapes of Cava production are: Macabeu, Xarel-lo and Parellada. Rosado/Rosé styles of Cava are made from the red grapes garnacha, monastrell, pinot noir, and/or trepat (a Catalan variety).

The rosé wines scored very similarly and were well liked and thought to be fruitier than the whites. The favourite white was called Hola and came from Laithwaites.

Science Group

Secrets of the human brain: vision was the subject of this month's meeting.



In the talk, Dr. Bob Pullen described the visual pathway from the point when an image enters the eyes to the point when we actually 'see' something. Talk provided by the u3a National Office as one of their free on-line tutorials.

Sketchers |Group

Thanks to Lee for designing the cover page for this month's newsletter.

Creative Writing

It was a lovely sunny day, so the exercise for the group members was to think of a situation and take a photo either inside the hall or outside in the car park, showing that situation. The members then wrote the story that inspired the photo.

Eric's photo was standing with his hands up being arrested for a jewellery heist.

Shelia's photo was of a dog's view through a wire fence/cage wishing he could play with the dogs he could see playing outside.

June's photo showed an empty disabled parking space- someone had taken her space; they argued, and she pushed him under a bus.

Carol's photo showed a heavy steel chain. - a meek and mild brother was bullied by his elder brother; finally, he snapped and killed him with an axe blow to the head. He had always imagined that he'd end up in chains, but had no regrets.

Ali's photo showed her standing by the defibrillator because someone playing table tennis thought he was having a heart attack, but it was only indigestion.

Gwyn's photo showed a dead body lying on a stage. The result of a grisly murder.

The 500-word homework was Mendacity.

Angela wrote about a popular but corrupt county councillor.

Ali rewrote the poem "Mc Cavity the Cat" by changing "McCavity" to "Mendacity," and it worked!

June wrote about a little boy whose guinea pig had died, and before burying his pet in the garden, had secretly put his mother's diamond bracelet around the guinea pig's neck. However he had to own up when the family was moving away.

Carol and Gwyn chose to write humorous and thought-provoking poems.

Eric chose to read his story last - we all thought it was good until Eric admitted he had used AI !!!!!

This revelation led to a lively discussion about using AI.

Philosophy Group

The subject of the meeting was a continuation of the previous meeting on Oscar Wilde, Gwyn using quotes taken from the book, *The Soul of Man under Socialism*, gave a better understanding of thoughts and opinions previously expressed. Oscar focused on individualism, where man can achieve change and progress as long as he is tolerant of other differing views and opinions. Oscar may have desired acceptance of homosexuality, and change did come, but not in his life time.

Date of next meeting is 21st August 2025 at 11am - the subject is Freedom of Speech.

New members welcomed - please contact Angela 01545 560609.

WRITE NOW!

In our July meeting the group shared the work they had written on a 'scary' theme. Some people, such as June and Davido, wrote from personal experience - while others let their imaginations run riot. Nina's evocatively spooky example 'Something Scary' can be found below. (Also included is a pirate story by Eric in response to a previous writing for children session.)

Our poem of the month was **Standing Female Nude by Carol Ann Duffy.**

The 10 minute writing task asked members to incorporate the phrase 'the end' into a poem or short piece of prose- but without the words actually coming at the end.

Homework is a poem or prose piece that references a well-known work of art.

Next Meeting Monday 10th August 11am-1pm at The Church of the Latter-day Saints in Newcastle Emlyn.

SOMETHING SCARY NINA MILTON

Sometimes, Ruth wakes too early in the morning, while grey light is still building behind the bedroom curtains. She wakes with a dry mouth and a feeling of dread, and knows, although she cannot remember, that she's just dreamed again of Redcliff Woods.

It was the way things changed, as soon as you moved from the beach to the woods; the dim light and the chill on her bare arms and legs. Moments ago she'd been sweltering in her newest shorts and a T rex t-shirt, and now, instantly, she was shivering. The ochre red clay was loose and damp, and already her sandals were stained with the colour.

'We're not on the path,' she said.

'It's not far, this way.' Aria took Ruth's hand and pulled her up the slope, scrabbling between the thin tree trunks.

It felt odd, being grasped by Aria. She didn't hold girls' hands, not having a really close best friend, and she'd only met Aria this morning.

The girl had arrived on the beach alone, kicking the pebbles as she mooched along the water's edge, scrambling over the rocks. She wore a tartan man's shirt and denim jeans, cut off with scissors at the knee. Her long hair was tied back in a scarf and Ruth thought the newcomer looked like she'd been put in the clothes from a jumble sale. She tried not to stare, and went on dipping into the rock pools and throwing pebbles into the grey sea.

She'd come over to Ruth immediately. 'What are you doing?' It sounded friendly, but bossy too, and Ruth had almost fallen off the slippery rock into the pool.

'It's an anemone,' she'd replied 'Look! It was pale pink, almost the same colour as her shorts, and its many tentacles were waving as the water slowly moved.

They stared down together, one each side of the pool.

'I'm Aria,' said the girl. 'It means beautiful song.' She initiated a game of tag that was pretty dangerous because of the wet rocks and the larger beach pebbles.

Eventually Mum saw them and picked her way over. 'I'm going back now. Help Auntie Gloria with the lunch. You won't be long, will you Ruth?' She was looking at Aria, and Ruth knew she was thinking the same thing as she had.

She watched her mum head for the path, then turned to Aria. 'I'd better go soon, then.'

Something adjusted; perhaps the barometric pressure rose. Aria looked away from the sea, her eyes searching the trees on the cliffside. 'Want to see where I live?' She ran up the beach, a natural on pebbles, not slipping or stopping or looking back. Ruth followed.

'Where we going?'

That was when Aria took Ruth's hand and, once linked, there was a gentle pressure, a pulling that Ruth was almost forced to follow. Aria was a fast Walker; she knew her way through the trees. Ruth was soon breathless and began to falter, tripping over the loose roots, getting whipped by branches and scratched by brambles.

She faltered as she wiped the sweat from her eyes, and saw that the way ahead seemed to falter too, as if the TV had a problem with its vertical hold; the trunks in the distance wavered and there was a haziness, as if they were bathed in milk.

'I think I'm going to faint,' she panted out.

'Don't be daft.' Aria yanked at her. 'Hurry, or we'll miss it.'

Ruth wondered what they might miss. But then her stomach clenched, making her drop onto the red soil, strewn with pine needles.

The milkiness began to disperse, then reformed. Something made of mist, becoming solid. A shape, hanging above and between the trees. The finger and thumb of a hand about to snatch at something.

Us! Ruth thought. It wants to snatch us! But when she tried to pull her hand away from Aria's, the grip tightened.

'Let go a minute,' she said, Hoping to sound as if she just wanted a quick break.

'We're in this together,' said Aria. She fixed her eyes on Ruth's face and Ruth knew they weren't just 'in it together.' They were locked. She couldn't pull her gaze away from those pincers, as they fattened and grew; as they surrounded the girls in mist.

The Boy Who Became a Pirate

Billy was a cabin boy aboard a Brigantine merchant ship. He was twelve years old, an orphan, and had been at sea for two years. The captain, a kindly man, looked after his crew. They were sailing in the Caribbean, and in the seventeenth and eighteenth centuries this was a dangerous place to be.

Suddenly the lookout in the crows-nest yelled out, "Ship to starboard".

"Can you see what she is?", called the captain.

"She's a frigate".

"Can you see her colours and flag?".

"No colours and she's flying the Jolly Roger".

"Which way she headin".

"Straight for us Cap'n".

"Man the guns", yelled the captain. Turning to Billy, he said, "Get below boy, we've only got four cannon against their eight, but we'll put up a fight". Billy went below to hide in the captain's cabin. An hour later the frigate had caught up and fired it's first blast. Billy felt the jolt as the cannon balls hit the Brigantine whose cannons fired in reply. It became a losing battle and Billy could hear the clang of grappling hooks hitting the ship. He heard yelling as the fight on deck raged. Half an hour later the door to the captain's cabin burst open and Billy was dragged to his feet and stood before Edward Teach, Blackbeard himself. "Well, well, your a skinny little runt, all skin and bones. What's your name boy?".

"Billy", came the nervous but defiant reply.

"I'll call you Billy Bones, on account of your size", said Blackbeard. "Bring him along", he said to the blood spattered sailor with him. As Billy was taken out of the cabin to Blackbeard's ship, he could see the captain and crew laying dead on the deck, covered in blood.

Two days later Billy was in Tortuga, the pirate stronghold. He had been set free to look after himself. A week later he was under the wing of Captain Morgan, one of the most feared and respected pirates of the Caribbean. He became part of the crew of one of Morgan's ships, spending his spare time practising the use of a flintlock pistol, cutlass and knife, the basic weapons of a pirate. By the time he was eighteen years old, he had become a master of these. Billy was a good seaman and fearless fighter and learnt, very quickly, how a ship was commanded. Morgan was pleased with his progress and he made him a ship's quartermaster, a very important position. His job was to divide the spoils evenly between the crew and they came to respect him. Because Morgan trusted him, two years later he gave him the command of one of his ships. Captain Billy Bones became one of the most successful pirates of the Caribbean, he was known to be fair and would not have any surviving seaman killed if they should join Morgan's crew.

Eric Thwaites

MOTO Group (Members On Their Own)

This month a few members of the MOTO group had a lovely outing to Cardigan Island Farm. It was a very hot day but most enjoyable, we all had a bag of food to feed the donkeys, goats, sheep and other animals. We walked down to the cliff edge and saw two seals poking their heads out of the water.

We had a very enjoyable coffee morning, lots of chat and laughter and we were joined by 2 new members.



Cyndy and Felicity

Table Tennis

Do come and join us at Rhydlewys village hall – twice a month. You don't need to bring anything except £2 or £2.50 (it varies!) towards the hire of the hall, and you don't even have to know the rules. It's a lot of fun. Contact me for more details.

Margaret

Pétanque Group

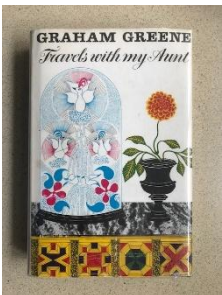
The first session this month had 6 members playing but sadly the second session had to be cancelled due lack of players. I will see how we go in August and September but I may have to make some changes as our numbers are dwindling despite the recent good weather this summer.

Welsh Group

We had a good meeting in July and welcomed two new recruits, with another to join us next time. We learned some vocabulary about hobbies and how we practised them. Then each of us said a few sentences about one or more of our hobbies, followed by some questions and answers. We learned a lot about each other's pastimes that we didn't previously know. Interests included gardening, sewing, knitting, crochet and crafts, various ways to keep fit, eating out and wood turning, to name a few.

There will not be a meeting in August, but several of us will be going to the National Eisteddfod at Llantwd, which I'm sure will be a fascinating experience for anyone who attends. Our next meeting will be on Tuesday 1st September in Capel Iwan village hall starting at 10.30. The topic for this is yet to be decided.

Book Club



In July we read *Travels with My Aunt* by Graham Greene. 'The only book I have ever written just for the fun of it', according to the author. Details of the author, the book and our thoughts about it will be included in next month's report.

Our book for August will be *The Glassmaker* by Tracy Chevalier.

Our next session is on Tuesday August 25th. Just for August, we are not having a zoom meeting but will convene at The Leaky Barrel in Henllan for a face to face meeting. We'll be starting at

11.00, half an hour later than usual.

If you enjoy reading and would like to share your thoughts about different books, why not join us. New members are welcome.

Astronomy

The Astronomy Group met in the Coracle Hall July 15th, its usual 3rd Wed afternoon of the month slot. We discussed what is easy to see in the sky at the moment – and Venus is the brightest thing over in the west, fairly low down in the sky for an hour or two after sundown before it too sets. Not-quite-so-bright Jupiter has also been around there for some months – but alas no longer; Earth has moved around the Sun to the point where Jupiter is now almost behind the Sun.

The Stellarium picture shows the southern sky just after sunset on July 15th, and it shows Venus is not the only bright object around – although the others only become clearly visible as it gets darker.

The most obvious asterism (or stellar grouping) is the right-angle threesome in the SE known as the Summer Triangle. Vega and Deneb are 50-60° above the horizon, with Altair 30° or so vertically below Vega. The Summer Triangle moves westward as the night progresses – and will be around for another 3 months or so. It also happens to have The Milky Way passing upwards right through it, so you might see that too on a clear, dark night.



About 90° further west is reddish Arcturus, the brightest star that we can see at the moment (Sirius having disappeared until the winter months) – and if it is not obvious enough on its own, follow the handle of The Plough (which is in the NW).

There will be a partial solar eclipse at about 7pm on August 12th, low down near the WNW horizon – so if that horizon is low (like the sea) you might get a good view (but avoid looking at it directly; use dark eclipse glasses, or project it on to a light surface using a “pin-hole camera”, something with a small smooth round hole in it like a colander). The eclipse will be total in Iceland and Iberia but in the UK, Cornwall is predicted to have most obscuration at around 90% – but none of us here will get the spectacular coronal effects seen when the Moon’s disc completely lines up with the Sun.

But, coincidentally, Aug 12th also is the peak date for Perseid meteor showers that arise through Earth’s annual passing through the debris left by comet, Swift-Tuttle. The shooting stars should start appearing around now, but we reach the densest part of the comet’s path on the 12th – so get a sun-lounger (and blanket?) and around that date look upwards when it is really dark, say at midnight. You could see 1 or 2 meteors each minute if you are lucky.

We also followed the story of saving SWIFT, the NASA gamma- and X-ray and UV space-telescope, which is shown in the left-hand picture below. SWIFT will soon fall into the atmosphere and be destroyed if not moved back up towards its original orbit of 600km high - so an urgent high-speed rescue operation is now taking place..



SWIFT has been successfully monitoring the skies since 2004 and remains NASA’s only fully-functioning telescope with the ability to catch immensely powerful but very short-lived Gamma Ray Bursts and then crucially, give a rough location of the event to ground-based telescopes within 15 seconds, automatically. The location is accurate to better than 1/15th of a degree – but its X-ray spectroscope can then follow up the afterglow with a position that is around 1/1800th of a degree, and its UV telescope is even more precise at 1/3600th of a degree. These latter two telescopes

have also made numerous major discoveries from sources which were not vastly distant Gamma Ray Bursts but rather nearer events.

The rescue spacecraft, called Link, has 3x LIDAR-guided robotic arms which are designed to grab hold of the rear of some flanges fitted to the rear of the much larger SWIFT (for ground-handling) - see right-hand pic. This will allow Link to steer SWIFT around and then very slowly propel it up from its current height of 360km over a period of 3 months, using its xenon-ion thrusters. Swift was never designed to be rescued so there are no custom-built attachment points, and it is hoped that thermal insulation embrittled by radiation (as has been the case on the Hubble ST) will not impede a rather more ad hoc attachment – but it is worth a \$30M gamble to save a satellite that cost \$250M in 2004 (and is definitely not replaceable now within NASA's Trump-slashed current budget).



Link was successfully launched into orbit on July 3rd by a Pegasus rocket that was air-launched from a Stargazer aircraft above the Marshall Islands just north of the Equator, as shown above. Links' commissioning checks were being completed at the time of our meeting, and the plan is then to approach SWIFT and take 3 or 4 weeks to assess and confirm the best gripping points. Link will then move in closer over a week or so – and capture SWIFT. Hopefully! – so fingers crossed.

The next two Astronomy Group meetings will be on Wed, 19 Aug and Wed, 16 Sept at 2pm, in Llechryd's Coracle Hall. Please come and join us if you are interested, or ring 0777-167 4578 if you want more information.

Galileo

Strictly Basic Ballroom

Thank you to Jenny for leading this month's SBB session. We welcomed two new members and would encourage more members to come and have a go. As our title suggests we keep to basic moves and develop the steps to suit you. Jenny and I look forward to welcoming you at our next session on Wednesday 12th August starting at 10.30am in Trinity Church Community Hall NCE.

Julia and Jenny

Bowls Group

Hello Everyone,

Our last bowls sessions for this year's season are as follows:

Tuesday August 4th and Monday August 17th

Tuesday September 1st and Monday September 21st.

Session starts at 14.00hrs at the NCE Bowls Club.

Do come along and join in the fun.

Julia.

Family History

At our meeting this month, we discussed how we organise, store and display our research. Although we have different methods, we all agree on the importance of getting things right at the beginning and recording where we have obtained the information and the type of document the original was.

One other major subject that we agreed on is that original documents and photographs should never be kept in plastic folders/pockets. One of the main suppliers of acid-free archival material is www.my-history.co.uk

We all had different methods of organising our family tree. Some of us use www.ancestry.co.uk or other genealogical websites like www.myheritage.com or www.familysearch.org. We could not say which was the best. A few of us also use programmes like FamilyTreeMaker (there are many others available, some free to download) to record our ancestors. These enable you to produce various charts and different designs of family tree displaying as much or as little information and generations as you want. They also instantly tell you where a particular individual fits in and what relation they are to you.

At our next meeting, we will be discussing illegitimacy, bigamy and how the families and individuals were affected by it.

Please contact me if you are interested in joining the Group.

Margaret

Hitch-Hiker's Guide to Theology

Following the Hitch-Hikers' visit to the Newcastle Emlyn Church of Jesus Christ and Latter-Day Saints in June, our July meeting took the form of a reflection on what we'd learned there. Warmly welcomes by Davido and Ken, we were shown a video about the history and origin of the Church, followed by an in-depth account of present-day learning and practice.

The Church dates back to North America in the early 19th Century, when devout young Joseph Smith met the angel Moroni in a series of visions, and found the Book of Mormon inscribed on gold leaves inside a stone casket. According to the book, Jesus visited the Americas after his resurrection. 19th-century Church members - who nowadays prefer not to be called Mormons - subsequently moved to Salt Lake City to escape persecution, and the Church's meticulous organisation now extends throughout the world.

Hitch-Hikers were impressed by the family-focus of the Church, which maintains a fairly gender-segregated approach to fellowship - but provides plenty of fun as well as intensive teaching for the youngsters, and we were assured that single people are equally welcome in the community. We were struck by the large colourful standardised pictures of Jesus, shown in both traditional Biblical settings and amongst first-nation Americans, decorating the various rooms and corridors of the Church - reminding several of us of childhood Sunday School books. Anyone connected with Family History will be aware of the Church's comprehensive and free online access to genealogical records, which stems from their belief in incorporating the deceased into the Church by proxy baptism, via a living member or convert.

It was a fascinating afternoon, giving us much to discuss afterwards - and we would be happy to welcome new Hitch-Hikers from that tradition, as from any others!

NEW HITCH-HIKERS WELCOME is the theme for our **next meeting, at 2pm on Monday September 7** - the first Sunday of the month as usual. This will be a (re-)introduction - for newcomers and old stagers alike - to What Is Theology? No experience necessary - just a curious mind and willingness to join in!

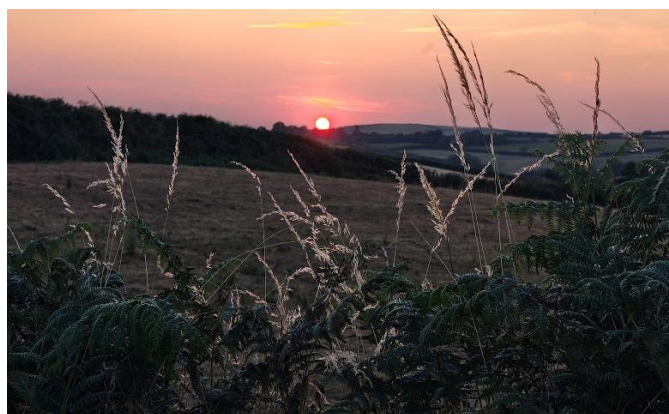
WATCH THIS SPACE for venues and other details. Some changes are afoot for the autumn, so please let Carol know if you're interested, to make sure you don't miss out.

Carol

Photography Group

The Group had another good meeting this month where we were able to review a number of photos based on using both aperture priority and shutter priority, which was the homework topic for July. Next month we are looking at panning techniques in order to convey a sense of motion in our pictures. The next meeting will be on the 26th August.

Ian & Pete



More photos on the Newcastle Emlyn Face Book page

Newcastle Emlyn Strollers

The July Strollers Walk was at Llys y Fran Country Park and Reservoir. Pat and Richard Webb led this walk, Thank you both. Eight of us, along with Maisie met at the car park. We welcomed Adrienne, a new member of Strollers, and Alan Liz's husband who also joined us for this walk. We then set off along the side of the reservoir lake, and along the path through the country park. The weather was very good, warm, and sunny. We followed the stoney gravel path to the bridge, which was a very pleasant walk with only a few small inclines. After a short break and photo session, we turned at the bridge to return along the same route. The walk was approx. four miles. On returning to the car park, seven of us then went into the dog friendly Lakeview café and enjoyed a lovely lunch and relaxed chat. Our August Walk will be on Friday 28th August at Ffynnone Woods Newchapel. Anyone interested in joining the Strollers or finding out more information please contact me on pamjwalks@aol.com new members always welcome.



Pam

Other Matters

Digital Inclusion Wales Programme

The programme aims to reduce digital exclusion across Wales by supporting organisations and businesses to embed digital inclusion into policy, service design, and day-to-day practice. It is aligned to the Minimum Digital Living Standard (MDLS), recognising that digital inclusion is about more than access — it includes basic digital skills, confidence, connectivity, device(s) and ongoing support.

If you have any questions or would like to know more then click the link above or contact digitalinclusionwales@cwmpas.coop

The **2026 National Eisteddfod of Wales (Eisteddfod y Garreg Las)** will take place in Llantwd (Llandudoch), North Pembrokeshire, from 1–8 August 2026, celebrating the 850th anniversary. The **u3a West Wales Network** have a stand there so please go along and support Hazel and others who are going to be there.

A big thankyou has to go to Nigel Jones for producing the newsletter for many years. He has now had to give this up but as from next month Paul Edwards will be taking over the task.

AUGUST ON-LINE EVENTS – click link to find out more:

<https://mailchi.mp/u3a/august-26-online-events?e=49efd8b974>

Dennis True

It is with great sadness that Denis True, who helped start the Photography Group, passed away silently in his sleep on 30th July. For those who were fortunate enough to have known him will remember his sense of humour and photographic knowledge.

Denis taught the Photography Group a great deal about our hobby and will be sadly missed by those who remember him. For anyone who might wish to attend his Funeral, please myself..

Pete Mears

Newcastle Emlyn u3a Calendar August 2026				
Monday	3	Pétanque	King George V playing Fields	14.00
Monday	7 Sept	Hitchhikers Guide to Theology	Church of Latter-Day Saints	14.00
Tuesday	4	Welsh cancelled for August	Capel Iwan Village Hall	10.30
Tuesday	4	Outdoor Bowls	Newcastle Emlyn Bowls Club	14.00
Wednesday	5	No monthly meeting, trip to St Fagans		10.30
Wednesday	5	Pickleball	Llandysul Leisure centre	12.15
Thursday	6	Art	Penboyrr village hall	10.00
Sunday	9	MOTO Sunday Lunch	Venue Varies	
Monday	10	Walkers	Venue Varies	10.30
Monday	10	Write Now	Church of Latter-Day Saints	11.00
Monday	10	Don't Get Me Started	Susan's in Pontgarreg	14.00
Tuesday	11	Sketchers	National Wool Museum	10.00
Tuesday	11	MOTO coffee morning		10.00
Tuesday	11	Table Tennis	Rhydlewis Village Hall	14.00
Wednesday	12	Crafty Crafters	Penboyrr Village Hall	10.30
Wednesday	12	Strictly Basic Ballroom	Holy Trinity Church Hall	10.30
Wednesday	12	Badminton/Pickleball	Llandysul Leisure Centre	12.15
Thursday	13	Art	Penboyrr village hall	10.00
Thursday	13	Creative Writing	Rhydlewis Village Hall	11.00
Friday	14	Patchwork and Quilting	Penboyrr village hall	11.00
Monday	17	Outdoor Bowls	Newcastle Emlyn Bowls Club	14.00
Tuesday	18	Pétanque	King George V playing Fields	10.15
Tuesday	18	Games	Penboyrr Village Hall	10.30
Tuesday	18	Local History	Church of Latter-Day Saints	14.30
Wednesday	19	Pickleball	Llandysul Leisure Centre	12.15
Wednesday	19	Astronomy	Coracle Hall, Llechryd	14.00
Thursday	20	Art	Penboyrr village hall	10.00
Thursday	20	Philosophy	Rhydlewis Village Hall	11.00
Thursday	20	Wine Appreciation	Venue Varies	14.00
Monday	24	Talk About Science	Fatt Forks, Cenarth Falls Resort	14.00
Tuesday	25	Book Club	Leeky Barrel Henllan	11.00
Tuesday	25	French	Sue's in Penrhiwllan	11.00
Tuesday	25	Family History	Church of Latter-Day Saints	14.30
Wednesday	26	Lunch Group	Venue Varies	12.00
Wednesday	26	Photography	Coracle Hall, Llechryd	14.30
Wednesday	26	Pickleball/badminton	Llandysul Leisure Centre	12.15
Thursday	27	Art	Penboyrr village hall	10.00
Thursday	27	Table Tennis	Rhydlewis Village Hall	10.30
Friday	28	Strollers	Venue Varies	10.30
To add or amend events to this monthly calendar contact Newsletter Editor giving date, venue and time. Closing date for newsletter contributions is the end of the month.				

Web Site: newcastleemlyn.u3asite.uk or follow us on FaceBook