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Newcastle Emlyn Newsletter



Cylchlythyr Castellnewydd Emlyn

November 2026

Foreword from the Editor

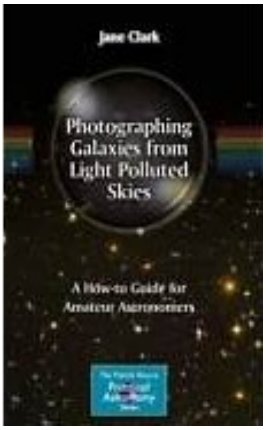
Welcome to the November edition of the Newcastle Emlyn u3a Newsletter. You will see that the diary for December has been tagged on to the end of this newsletter. This will be a regular feature and means that there is less pressure on contributors (and me) to aim for a publishing date ahead of the start of each month as the dates for events early in the following month will have been included in the previous month's newsletter.

Talking of dates: please note that some groups will not be meeting in the last week of December to allow time for decorating the house ready for Christmas guests, Christmas shopping, sitting on Santa's knee, putting up signs banning Christmas carolers, pre-festive exercises to prepare the body for copious quantities of food, alcohol, elicit substances (such as frankincense and myrrh), etc. See the December diary for groups affected.

Paul

Dates for your diary and Chair's Report





Our forthcoming monthly meeting will be on 4th November at the Newcastle Emlyn Rugby Club with arrival from 10.30am. Our guest speaker is Jane Clark who is a retired engineering physicist and has been an amateur astronomer since 2006. She has published three books on amateur astronomy and has a forth in the pipeline.

The title of her talk is: "Where is the Universe?"

Don't forget that the Newcastle Emlyn u3a exhibition, coffee and chat planned for 29th September has now been re-scheduled for 10th November. Come and see what the Art, Photography, Patchwork/Quilting; Crafty Crafters and the Writing Groups have to offer. Just drop in and meet other members and have a coffee & biscuit. As some of the Sketchers Group's work is being exhibited, there will be no meeting of the Sketchers Group in November.

Do you struggle with your mobile phone, tablet or laptop? Are there questions you have about technology, how to use apps, scams, QR codes, banking, shopping, etc.? Then the ICT Support meeting on Thursday 12th November, from 2-4pm, at Rhydlewis Village Hall, SA44 5SL, may well be of great use to you – see the Ability Net notice, below.

Not long to go for Christmas. Don't forget to keep the 2nd December clear for the NCE u3a Christmas social and lunch – cost is £22.50 per person. There are still a few places left so sign up at the November meeting or email neu3achair@hotmail.com If you have any donations for the raffle prizes please bring to the November meeting or contact one of the Committee. These are needed before the 28th November. Your contributions are much appreciated

There is an AI Practical Workshop (how it may be of use in everyday activities, plus a bit about CANVA; e.g. how to make a poster), with Glenys Hart on 14th December, 10am to 12noon on Zoom. The link is https://us02web.zoom.us/j/82566564937?pwd=dbX3LCnsZ27ogbId46V7u69gKReGVC.1

Hopefully see you at one of the events. We can always do with more members so spread the word about the u3a.

Colin

A Digital World Accessible To All

An IT session for all u3a members

Having problems with or got questions about your technology (phones, laptops, tablets etc) then this session might well be for you!

AbilityNet was first established in 1998 and is a UK based charity transforming the lives of older and disabled people to give them digital inclusion and digital accessibility. With lots of free online resources and over 500 community-based volunteers they help groups and individuals to use all kinds of digital technology.

I have finally managed to find a date and venue that work together for this session! This will be on Thursday 12th November from 2-4pm at Rhydlewis Village Hall, SA44 5SL. This hall is used by quite a few of our groups and has good car parking, wifi and is a well-equipped hall. If anyone has any problems getting to the venue, please say and we will sort something out to get you there.

The session will start with an introduction to AbilityNet and what they offer, a bit about scams and other issues and then a coffee break, followed by time for questions and answers about any issues you have. Jo Thomas, the AbilityNet speaker will then schedule further small group sessions or individual home visits for those that need them.

Please let me know if you would be interested in attending this session by 4th November. There may be a small charge for the hire of the hall and refreshments. My email and phone number is on your membership card or in the groups list in the front of the newsletter under ICT.

Facebook

Do you use Facebook? Did you know our u3a now has 2 different Facebook groups? One is a private group for paid up members only and the other is a public one that anyone can see.

Group leaders, please can you use both pages to promote your groups, tell us what you are doing, with photos if possible. Make sure you get permission from anyone on the photo first.

Any member can post things on either page. Let's spread the word about our u3a and what we get up to.

Links:

Members only group https://m.facebook.com/groups/1246417038786994/?ref=share

Public group https://m.facebook.com/groups/1529139482567290/?ref=share

Hazel

Exhibition of Photographs, Art, Writing and Crafts









Trinity Hall
Newcastle Emlyn
Tuesday, 10th November, 2026 - 10am to 2.30pm
Refreshments available

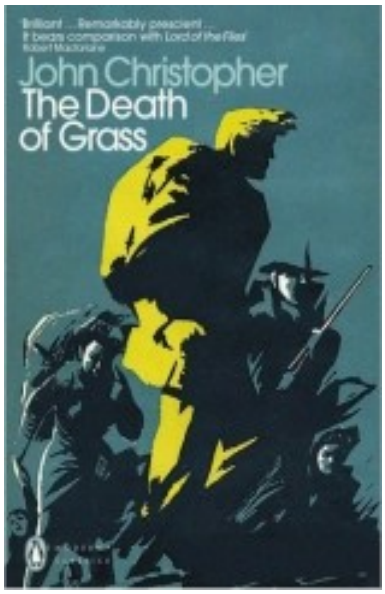
Our Groups

November 2026

Art Every other Thursday, 10am, Penboyr Village Hall	**Group leader:** **Amanda**
Astronomy (joint with Cardigan) 3rd Wednesday, 2pm, Coracle Hall, Llechryd	**Group leader:** **Adrian**
Badminton 2nd & 4th Wednesday, 2.15pm, Llandysul Leisure Centre	**Group leader:** **Nigel**
Book Club 4th Tuesday, 10.30am, via Zoom meetings	**Group leader:** **Vicky**
Bowls (April to September) 1st Tuesday & 3rd Monday, 2pm, Newcastle Emlyn Bowls Club	**Group leader:** **Julia**
Crafty Crafters 2nd Wednesday, 10.30am, Penboyr Village Hall	**Group leader:** **Ruth**
Creative Writing 2nd Thursday, 11am, various venues	**Group leader:** **Angela**
Digital Photography (joint with Cardigan) 4th Wednesday, 2.30pm, Coracle Hall, Llechryd	**Group leader:** **Peter Mears**
Don't get me started 2nd Monday, 2pm, Susan's house in Pontgarreg	**Group leader:** **Sue**
Family History 4th Tuesday, 2.30pm, Church of the Latter-Day Saints, Newcastle Emlyn	**Group leader:** **Margaret**
French 4th Tuesday, 11am, in Penrhiwllan Village Hall	**Group leader:** **Sue**
Games 3rd Tuesday, 10.30am, Penboyr Village Hall	**Group leader:** **Paul**
Hitch-hiker's Guide to Theology 1st Monday, 2pm, Rhydlewis Village Hall	**Group leader:** **Carol**
ICT Support Sessions As and when required	**Group leader:** **Hazel**
Kayak Paddlers Various dates and venues during the summer	**Group leader:** **Nigel**
Local History 3rd Tuesday, 2.30pm, Church of the Latter-Day Saints, Newcastle Emlyn	**Group leader:** **Peter**
Lunch Last Wednesday, every other month, various venues	**Group leader:** **Tracy**
MOTO (Members on their own) 2nd Tuesday, 10am, Café Twts, Newcastle Emlyn 2nd Sunday, Sunday lunch at various venues	**Group leaders:** **Felicity & Cyndy**

Patchwork and Quilting 2nd Friday, 11am, Penboyr Village Hall	**Group leader:** **Ruth**
Pétanque 1st Monday, 2pm, King George V Park, Newcastle Emlyn 3rd Tuesday, 10.15am, King George V Park, Newcastle Emlyn	**Group leader:** **Trevor**
Philosophy 3rd Thursday, 11am, Penrhiwllan Village Hall	**Group leader:** **Angela**
Pickleball Wednesday, 12.15pm, Llandysul Leisure Centre	**Group leader:** **Nigel**
Talk about Science 4th Monday, 2pm, Ffat Forks, Cenarth Falls Resort	**Group leader:** **Colin**
Sketchers 2nd Tuesday, 10am, Leeky Barrel, Henllan	**Group leader:** **Lee**
Strictly Basic Ballroom 2nd Wednesday, 10.30am, Holy Trinity Church Hall, Newcastle Emlyn	**Group leader:** **Julia**
Strollers Last Friday of the month, various venues	**Group leader:** **Pam**
Table tennis 2nd Tuesday, 2pm and 4th Thursday, 10.30am, Rhydlewis Village Hall	**Group leader:** **Margaret**
Walkers 2nd Monday, 10.30am, various venues	**Group leader:** **Nigel**
Welsh 1st Tuesday, 10.30am, Capel Iwan Village Hall	**Group leader:** **Vicky**
Wine Appreciation 3rd Thursday, 2pm, various venues	**Group leader:** **Hazel**
Write Now 2nd Monday, 11am, Church of the Latter-Day Saints, Newcastle Emlyn	**Group leader:** **Julie**

Book Club



John Christopher was a pen name of Sam Youd, a British author of mainly science fiction novels, novellas and short stories. He was born in Lancashire in 1922. After service in WW2 he gained a scholarship from the Rockefeller Foundation, which enabled him to pursue a writing career. He published many works under various pen names over many years and died in 2012. The Death of Grass was his second novel, which was titled No Blade of Grass in the USA.

The Death of Grass is described as a post-apocalyptic science fiction novel. It explores themes of survival, human nature, and the breakdown of society norms in the face of a catastrophic agricultural disaster caused by a deadly virus that kills grass species including rice, wheat and other crops, leading to famine. The story follows John Custance, his family and companions, as they leave a stable life in London and attempt to make a desperate journey toward his brother David's rural farm. As England descends into anarchy, the group encounters increasing violence and moral dilemmas and they find that they must sacrifice many of the aspects of normal morality in order to survive. The novel is characterised by its brutal portrayal of human behaviour under duress, forcing characters to make harrowing choices that test their relationships and highlighting the struggles of leadership and familial loyalty.

We all felt that this was not an easy book to read. Having the recent experience of the Covid pandemic made us all too aware of the way that a global event can change the world around us. But the descent to brutality and murder described in the book is rapid and shocking. We wondered how we might have reacted in the circumstances of a such a famine and of such a breakdown in society. The fact that the book was written in 1956 and yet portrays some of occurrences of the spread of Covid from 2020 onwards seems remarkably prescient.

Our book for November will be Solar by Ian McEwan. Our next session is on Tuesday 24th November and we will be meeting on Zoom, starting at 10.30.

If you enjoy reading and would like to share your thoughts about different books, why not join us. New members are welcome.

Vicky

Hitch-hiker's Guide to Theology

We didn't meet in October, but look forward to seeing everyone again at 2pm on 2nd November in Rhydlewis Village Hall (please note new venue!).

Theology is all about God, right? So is it of interest only to fully-paid-up believers? Is there any point in the non-religious taking it seriously? Why should non-believers bother about it? To explore these mysteries and more, Colin Partridge will lead a session on *Theology for Atheists* on November 2nd. Come along and join in the discussion!

Carol

Digital Photography Group





At this month's meeting we learnt about Intentional Camera Motion (ICM). This is when the camera is deliberately moved during the period that the shutter is open to produce a blurred effect. It is actually a form of art painting using the camera lens and can result in very effective photographs.

The Groups homework for October was to photo 'Rust'. I think you will agree that the results were very good.

We have produced a 2027 Calendar which are available for £6. If anyone is interested in purchasing one then please give Pete a call on 07900 204536.

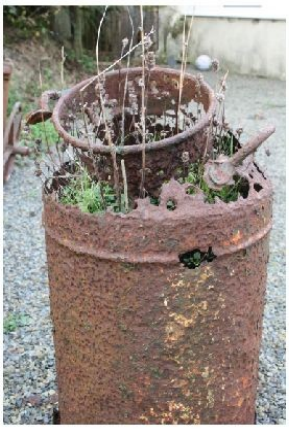
Pete and Ian























Crafty Crafters

Having learnt some basics last month, in October we had another go at needle felting and people chose what they wanted to do from a range of Halloween items, a Christmas robin or owls and hedgehogs. There was a lovely collection produced and everyone seemed to enjoy themselves.





We will be meeting again on Wednesday 11th November in Penboyr and we are going to make a Christmas tree from an old book. The Crafty Crafters try to give people the opportunity to try out things they have not had a go at before and are always open to new ideas and new members.

The photos show what we made in October and what we are hoping to produce in November.

Hazel

Table Tennis

You are welcome to join us at Rhydlewis Village Hall twice a month. It's a lot of fun plus much needed exercise. You don't need to bring anything with you, though you can bring your own bat if you have one. We pay £2 or £2.50 each per session to cover the hall fees and tea/coffee and biscuits. Do come along or contact me for more information.

Margaret

Sketchers

The Sketchers Group gathered at The LEEKY BARREL, Henllan, for our monthly sketch. We have a new member, Tina.



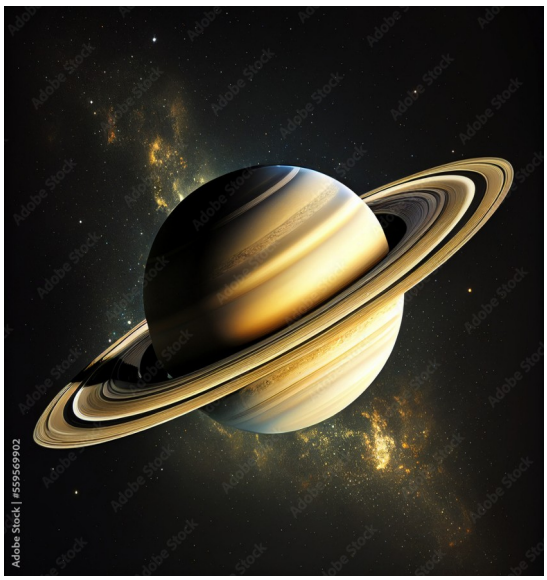
Just a reminder that the NOVEMBER SKETCH has been cancelled. In its place is the U3A exhibition day at the TRINITY HALL, Newcastle Emlyn, on Tuesday, 10th of NOVEMBER. This is an opportunity to meet other members and groups in the U3A.

The photo is our sketching group having a laugh.

Lee

Astronomy

The Astronomy Group met in the Coracle Hall, as usual, on its 3rd Wednesday afternoon of the month slot – and, also as usual, we discussed what was easy to see in the sky at the moment. Saturn is the easiest planet to see in the evening (when the clouds decide to permit it!). It is in the SE just after dusk and, conveniently, 40° above the horizon in the South at around 10pm. As noted last month, there are no other planets or bright stars within 90° of Saturn to confuse us as it is pretty much on its own in that part of the sky at the moment. You don't need them to see Saturn, but if you have strong binoculars or a telescope you may also be able to see the oval shape of its rings.



We are now moving into winter so, we can see Orion (with its unmistakeable 3-star belt) which is about 90° to the left of Saturn at 10pm – although we can also still see the Summer Triangle (Vega, Altair, Deneb) 90° to the right of Saturn.

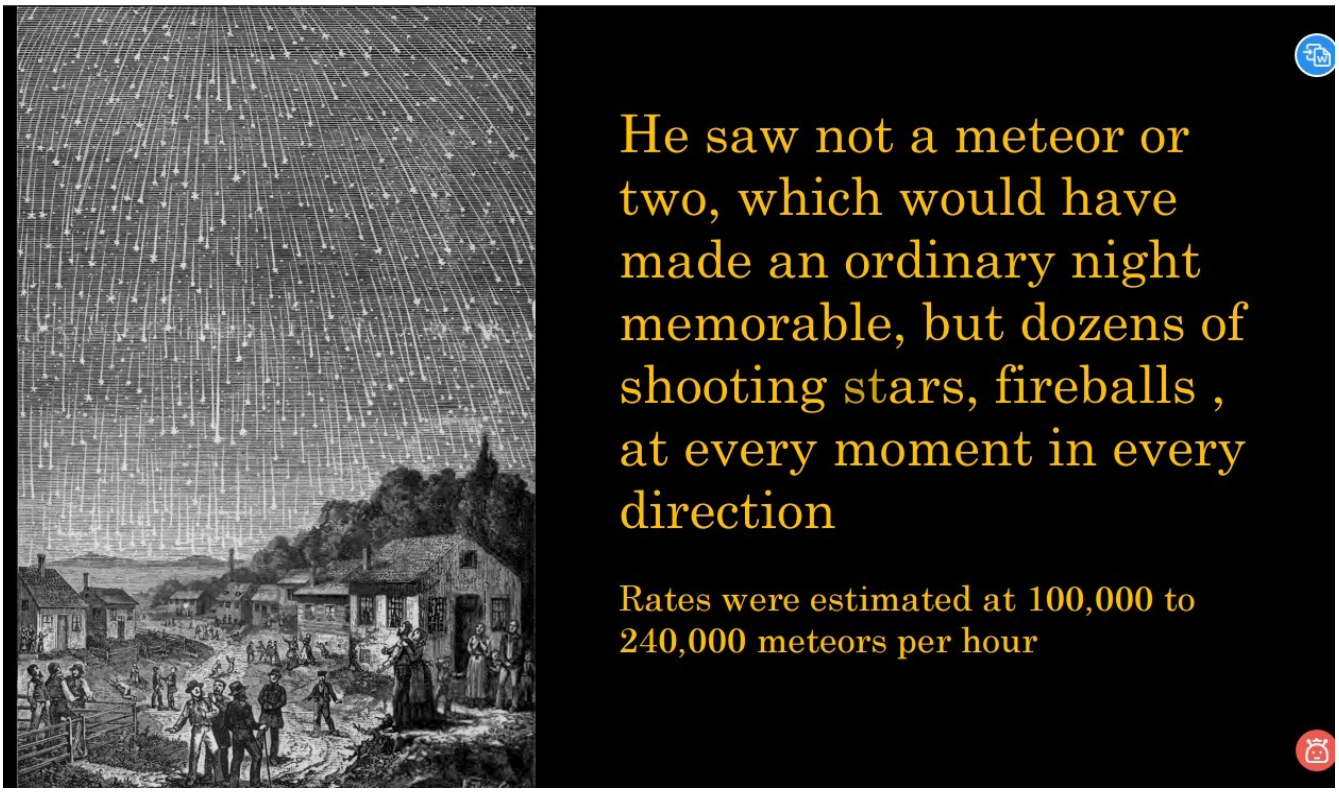




Jon then expanded on this with his comprehensive presentation of the sky in November. Conjunctions (i.e. apparent very close approaches of stellar objects) that are coming up – Moon, Jupiter and Mars on 2nd – 3rd November and Mars and Jupiter on the 16th – 17th when they are at their very closest – but you will have to stay up after midnight to see them (over in the East).

There are also the Taurid meteor showers peaking around November 12th and the Leonids a few days later on the 17th. The Taurids come round every year as the Earth passes through the particulate matter left by Comet Encke (discovered by Encke in 1786), and the Leonids when we pass through the remains of Comet 55P Temple-Tuttle (discovered independently by German Wilhelm Tempel in December, 1865 and then American Horace Tuttle 3 weeks later). The Taurids typically arrive at around 5 meteors per hour on their peak day but the Leonids are more prolific at around 10 – 15 per hour – but the Leonids occasionally can also come in "storms" rather than "showers" at 100 – 1000 meteors per hour. It all depends on which years we pass through parts of the comet's trail that originated from unusually large ejections of matter as it came round close to the Sun.

Famously, Denison Olmsted reported to the American Journal of Science and Arts his observations of the 13 November, 1833 event. It was recorded on the woodcut below – and though short-lived and only seen in the Eastern US States (but by many, including American Indians), the rate was estimated to have been above 100,000 per hour.



In our meeting we also had a look at a video with a new theory of what Dark Matter might be – but we were not really convinced that it could be a particle as heavy as the Sun but no bigger than a hydrogen atom. John also gave us a presentation on the different types of asterisms – i.e. groups of stars (from the Greek "aster" meaning star) – and then he went through many of the asterisms like the Summer Triangle, the Great Square of Pegasus and The Winter Hexagon that we recognise and are familiar with (and some that are not so familiar).

The next Astronomy Group meeting will be on Wednesday, 18th November at 2pm, in Llechryd's Coracle Hall (but we won't meet after that until Wednesday, 20th January, 2027). Please come and join us if you are interested, or ring 07771 674578 if you want more information.

Galileo

Patchwork and Quilting Group

There were just five members met for patchwork in October but it doesn't matter how many or how few there are we always manage to do plenty of sewing, have lots of chatter, help each other when it's needed and enjoy the day. There was a Christmas stocking and a Christmas tree in the making, some hares to be appliquéd to a bag, star blocks to be stitched together, and some small rectangles to be placed randomly ready to be stitched together.

Come and join us at our next meeting on 13th November.

Ruth

Family History

Our subject this month was Tragic Lives. We all had sad stories to tell regarding our ancestors. There were examples of multiple military deaths in one family, execution for treason, execution for being a witch, families with several infant deaths, and others.

Next month we shall be looking at examples of two consecutive censuses where a family's circumstances changed considerably from one decade to the next.

Most months we have a particular subject that we discuss, with examples from our research, but you are welcome to join the group if you are interested in starting to research your own family's history but have nothing to contribute as yet. Hopefully other people's stories will encourage you to find out about your own history and give you some idea of what information is available to you. Some months we have no subject and invite members to ask for help. Please contact me if you would like to know more.

Margaret

Creative Writing

The session started with an exercise using an artificial lit candle for reference. The members as a group suggested names and descriptions of someone holding a lit candle, e.g. casting shadows - guttering, dripping wax. Using their suggestions the members wrote a short story.

Members thought it useful.

Members read aloud their 500-word homework on a funeral.

Sheila – a sad funeral for Penny, a much-loved pet budgerigar, where young Laura planned the funeral, which followed all the requirements of a proper funeral. The coffin was made from a shoebox and a gravestone made from a cereal box and a lollypop stick.

Angela – a funeral of a life boat volunteer, where the crew were the pall bearers and the chaos that ensued when the crew's pagers went off as they approached the altar.

June – Bev and Shelley received an invitation to a funeral, which did not name the deceased. Curious to know who had died, they travelled to a honey-stone village in the Cotswolds. A young man, who they appeared not to know, greeted them; however, he looked with loathing at Bev, who realised she had jilted him – the funeral was for her.

Eric – Danny was a gangland boss, who had two sons. The sons overheard Danny talking with Spike, who always carried a stiletto knife.

Danny was asking Spike when he was going to pay back an overdue loan. Spike replied that he had no money. As the conversation ended, Danny had a heart attack and died. At Danny's funeral, the sons noticed that Spike was wearing a smart new suit and a diamond tie pin. They challenged Spike to pay the loan.

November's homework: write a poem or prose on global warming.

New members always welcome.

Angela

MOTO (Members on their own) Group

This month the MOTO group had a lovely Sunday Carvery at the Bryn yr Bragdy, great food and great company. We had our usual coffee morning at Caffi Twts, where we had a good chat, coffee and cake/breakfast baps. Unfortunately we had to cancel our planned trip on The Vale of Rheidol Steam Train due to storm Boelo.

Cyndy and Felicity

Newcastle Emlyn Strollers

The October Strollers Walk was at the Parrog Newport. Melvin Jeffery led this walk; thank you. Thirteen members, along with Maisie and Basil, met at the Parrog carpark where we welcomed Carol, Gwyn and Gay as new members to the Strollers group. We set off along the road and turned left to take the path along the estuary. There were lovely views all along the estuary, with lots of Canada Geese, Swans and other birds on the water. We turned right up a grass bank and carried on along the path to the main road that led us down to Newport Beach, where we stopped for a short break and a drink. We set off on the return route across the golf course and back along the estuary path that took use back to the car park. Despite the earlier forecast the day was dry, bright and sunny so a lovely day for a walk with stunning views across the water and inland. The walk was approximately four and a half miles. Ten of us and Maisie then went to The Salutation Inn and enjoyed a lovely lunch and relaxed chat.







Our November Walk will be our last walk for 2026 and will be on Friday 27th November at St Dogmaels. Anyone interested in joining the Strollers or finding out more information please contact me on pamjwalks@aol.com new members always welcome.

Pam

Welsh Group

At the October meeting we revised a number of common greetings and learned various ways to say hello, nice to meet you and goodbye. This was followed by a review of vocabulary useful for buying and selling in shops. Finally, we practised buying and selling sandwiches, cake, ice cream and drinks in a café.

Next time we will be thinking about the onset of Autumn and will be talking about the falling leaves, the shorter days and the weather. Our next meeting will be on Tuesday 3rd November in Capel Iwan village hall starting at 10.30.

Vicky

Science Group

This month, fourteen of the Group went for a guided talk/tour at Sea Trust at Goodwick near Fishguard. We were given an introductory talk by Cliff Benson, one of the founders and then a fascinating in depth tour of the aquarium area and it's marine inhabitants by Lloyd Nelmes (you may remember Lloyd from the monthly meeting talk earlier this year).



Next month's meeting is on 23rd November at our new venue at Felin Geri, Newcastle Emlyn at 2pm. Mike Parcell, one of the Group's members will be giving a talk.

Colin





Wine Appreciation

In October our group met in Waungilwen and had chosen to taste and find out some more about German wines and its regions. We started by watching a video about German Wine and its regions.

With the exception of Saale-Unstrut and Sachsen in the East, Germany's wine growing regions are mostly concentrated in the south where the weather is slightly warmer. Moderate summer temperatures produce wines that are relatively low in alcohol, and the diversity of German wine stems from the many soil types and grape varieties found throughout Germany's 13 wine-growing regions.

Our white wines all came from the Mosel-Saar-Ruwer region and there were 2 red Pinot Noir bottles from the Pfalz region. The whites were all Rieslings and ranged from 8% to 11% alcohol. The favourite in the whites was one called Steep Slopes Riesling Mosel which came from Tesco and cost £8. The favourite red was called Von Reben Pinot Noir and came from Laithwaites at a cost of £11.99.

We learned that, actually, German wines are not easily bought in this country and that Rieslings were not as sweet as we remembered from our younger days!

Our November meeting is an outing to the Llaethlliw vineyard near Aberaeron for a tour and tasting.

Hazel

WRITE NOW!

Our October meeting, on the second Monday of the month as always, was beset with members going down with bugs, so it was a smaller turnout, but a very lively one, and we welcomed a new member, Maddie.

The homework task was to write about a 'transformation'; a character who has a life-changing moment, be it personal, physical or internal.

Co-incidentally, animal transformations featured largely. Julia wrote, in verse, about a tadpole's experience of become a frog; a telling and amusing poem. Davido wrote a great 'twist in the tale'. Miranda wrote a powerful piece on being bullied at school, in which the protagonist discovers she can transform herself, in her mind, into a horse. Maddie introduced her writing with the opening to a witty story about a pair of warring cats on a farm.

We shared the transformational poem 'Still I Rise' by Maya Angelou, before choosing one of the 'four elements' (air, fire, water, earth) as our prompt to do ten minutes free writing.

The homework task for November's meeting on the 9th is the following:

Your character alights from public transport (bus, coach, train, boat, plane) in a place they don't know. Take their story from there…what happens next? This could be any medium; fiction, non-fiction, poem or script.

Here is Davido Saccaggi's homework response this month:

WHAT!

by Davido Saccaggi

From the time I was born, I had this vision of winning races.

I was kept in a stable full of racing horses, trained to run with my brothers and sisters. Fed grain, oats, good hay and such. I was comfortable in what I was becoming.

All my stable mates were much faster and taller than me. I always brought up the rear.

'Don't worry,' said my trainer, 'you are being prepared for a special race.' So it went on until I was two years old. Then came the big day.

Early in the morning, the horse trucks arrived, we were loaded on and off we went. For the first time, I was going to an actual race meeting. Several stops later, we finally arrived at the grounds. We were led into the stables, and for the first time I saw other race horses. They looked so tall, skittish and groomed. Brushed down, hooves oiled, manes and tails plaited, so arrogant, haughty, posh and privileged. All of them looking down on me, mainly because I was shorter, I think.

Over on the other side of the stables were a bunch of short horses like me. Shaggy coats, short legs, and fuzzy faces. I wondered why they were here. They all seem to know each other, with much barracking amongst them. I was too far away to really hear what they were saying, but they seemed friendly enough.

The noise outside started to increase, and the day wore on and by lunch it reach its loudest level so far. The first horses were taken out, the noise level changed and you could hear men shouting numbers over the cacophony. Then it went much quieter; 'they're off!' this eerie tinny voice followed, above the roar, telling where each horse was in the race. It was very exciting. Towards the end was a crescendo of people's voices, then only a low hum. The race was over. Then it started all over again. I couldn't wait for my turn.

Finally, they came for me. Brushed down for the last time, bridled and saddled. Then into a parade ring, round and round. I was so busy looking at the crowds, flags, and my trainer, that I did not look at the other horses. Off down to the starting gate. One thing about starting gates is that you can't see much either side of you unless you are in the front of the stall. I was there, and looked either side of me.

It was then that I had the shock of my life. These short horses were actually donkeys, and I was going to race against them. Well—I was a racehorse, and would easily win. Then came the thought…they don't put unequal animals together. So what does that mean?

Light bulb moment.

I realised I that I am an ass.

What an ass I've been.

I'd like to thank all our writers for attending and enjoying writing together.

Julie

Newcastle Emlyn u3a Calendar, November 2026

Day	Date	Activity	Venue	Time
Monday	2	Pétanque	King George V Park	14.00
Monday	2	Hitch-hiker's Guide to Theology	Rhydlewis Village Hall	14.00
Tuesday	3	Welsh	Capel Iwan Village Hall	10.30
Wednesday	4	Monthly meeting	Newcastle Emlyn Rugby Club	10.30
Wednesday	4	Pickleball	Llandysul Leisure Centre	12.15
Thursday	5	Art	Penboyr Village Hall	10.00
Sunday	8	MOTO Sunday Lunch	Various venues	
Monday	9	Walkers	Various venues	10.30
Monday	9	Write Now	Church of Latter-Day Saints	11.00
Monday	9	Don't Get Me Started	Susan's in Pontgarreg	14.00
Tuesday	10	Exhibition of NCE u3a art, photographs, writing & crafts	Trinity Hall, Newcastle Emlyn	10am to 2.30pm
Tuesday	10	Sketchers	**No meeting this month**	
Tuesday	10	MOTO coffee morning	Café Twts, Newcastle Emlyn	10.00
Tuesday	10	Table Tennis	Rhydlewis Village Hall	14.00
Wednesday	11	Crafty Crafters	Penboyr Village Hall	10.30
Wednesday	11	Strictly Basic Ballroom	Holy Trinity Church Hall	10.30
Wednesday	11	Badminton/Pickleball	Llandysul Leisure Centre	12.15
Thursday	12	Creative Writing	Rhydlewis Village Hall	11.00
Friday	13	Patchwork and Quilting	Penboyr Village Hall	11.00
Tuesday	17	Pétanque	King George V Park	10.15
Tuesday	17	Games	Penboyr Village Hall	10.30
Tuesday	17	Local History	Church of Latter-Day Saints	14.30
Wednesday	18	AbilityNet it session	Rhydlewis Village Hall	14.00
Wednesday	18	Pickleball	Llandysul Leisure Centre	12.15
Wednesday	18	Astronomy	Coracle Hall, Llechryd	14.00
Thursday	19	Art	Penboyr Village Hall	10.00
Thursday	19	Philosophy	Rhydlewis Village Hall	11.00
Thursday	19	Wine Appreciation	Venue Varies	14.00
Monday	23	Talk About Science	Visit to Felin Geri	14.00
Tuesday	24	Book Club	Zoom meeting	10.30
Tuesday	24	French	Penrhiwllan Village Hall	11.00
Tuesday	24	Family History	Church of Latter-Day Saints	14.30
Wednesday	25	Lunch Group	Various venues	12.00
Wednesday	25	Digital Photography	Coracle Hall, Llechryd	14.30
Wednesday	25	Pickleball/badminton	Llandysul Leisure Centre	12.15
Thursday	26	Table Tennis	Rhydlewis Village Hall	10.30
Friday	27	Strollers	Various venues	10.30

To help you plan ahead, dates for group meetings for the following month have also been included.

Newcastle Emlyn u3a Calendar, December 2026

Day	Date	Activity	Venue	Time
Tuesday	1	Welsh	Capel Iwan Village Hall	10.30
Wednesday	2	Monthly meeting	Newcastle Emlyn Rugby Club	10.30
Wednesday	2	Pickleball	Llandysul Leisure Centre	12.15
Thursday	3	Art	Penboyr Village Hall	10.00
Monday	7	Pétanque	King George V Park	14.00
Monday	7	Hitch-hiker's Guide to Theology	Rhydlewis Village Hall	14.00
Tuesday	8	Sketchers	Leeky Barrel in Henllan	10.00
Tuesday	8	MOTO coffee morning	Café Twts, Newcastle Emlyn	10.00
Tuesday	8	Table Tennis	Rhydlewis Village Hall	14.00
Wednesday	9	Crafty Crafters	Penboyr Village Hall	10.30
Wednesday	9	Strictly Basic Ballroom	Holy Trinity Church Hall	10.30
Wednesday	9	Badminton/Pickleball	Llandysul Leisure Centre	12.15
Thursday	10	Creative Writing	Rhydlewis Village Hall	11.00
Friday	11	Patchwork and Quilting	Penboyr Village Hall	11.00
Sunday	13	MOTO Sunday Lunch	Various venues	
Monday	14	Walkers	Various venues	10.30
Monday	14	Write Now	Church of Latter-Day Saints	11.00
Monday	14	Don't Get Me Started	Susan's in Pontgarreg	14.00
Tuesday	15	Pétanque	King George V Park	10.15
Tuesday	15	Games	Penboyr Village Hall	10.30
Tuesday	15	Local History	Church of Latter-Day Saints	14.30
Wednesday	16	Pickleball	Llandysul Leisure Centre	12.15
Wednesday	16	Astronomy	Coracle Hall, Llechryd	14.00
Thursday	17	Art	Penboyr Village Hall	10.00
Thursday	17	Philosophy	Rhydlewis Village Hall	11.00
Thursday	17	Wine Appreciation	Venue Varies	14.00
Monday	21	Talk About Science Christmas lunch	Felin Geri, Newcastle Emlyn	12.30 for 1pm
Tuesday	22	Book Club	Zoom meeting	10.30
Tuesday	22	French	No meeting, Christmas break	
Tuesday	22	Family History	No meeting, Christmas break	
Wednesday	23	Lunch Group	Various venues	12.00
Wednesday	23	Digital Photography	No meeting, Christmas break	
Wednesday	23	Pickleball/badminton	Llandysul Leisure Centre	12.15
Thursday	24	Table Tennis	No meeting, Christmas break	
Friday	25	Strollers	No meeting, Christmas break	
Thursday	31	Art	Penboyr Village Hall	10.00

To add or amend events to these monthly calendars contact u3anews@mail.uk giving date, venue and time. Closing date for newsletter contributions is the 24th of the month.